

CHAM' AUTUMN

From December 5th to December 11th

CABLE CARS/MOUNTAIN LIFTS

CHAMONIX

Montenvers train : open every day (depending on the weather). First train at 10am then 11.30am, 1pm, 2.00pm, 3.00pm, 4.00pm. Last way down at 4.30pm.

The ice cave will reopen on 17 th Decembre

Grands -Montets, Les Houches and Flégère ski area :
partial opening December 10th and 11th depending on snow conditions.

LEISURE AND VISITS

LES HOUCHES

Compagnie des Ânes, Vaudagne

Phone : 00 33 4 50 47 26 18

Walks with donkeys. Every day, on reservation.

CHAMONIX

QC Terme, wellness centre, SPA

Phone: 00 33 4 58 38 01 10

Open from Sunday to Thursday from 9am to 10pm, Friday and Saturday from 9am to 11pm. Reservation required on:
www.qcterme.com.

Casino, phone: 00 33 4 50 53 07 65

Open every day from 10am to 3am. ID card required.

Cinéma Vox : 04 50 53 03 39

Film screening in English. Closed on Mondays.

www.cinemavox-chamonix.com

ARGENTIERE

Chamonix Mont blanc Hélicoptères

Phone : 00 33 4 50 54 13 82.

Panoramic flights on reservation.

CULTURE

CHAMONIX

Musée des Cristaux, phone: 00 33 4 50 54 78 39
A gorgeous trip among beautiful crystals from all around the world.

Open every day from 2pm to 6pm.

SERVOZ

Maison de l'Alpage,

Open every morning from 8.45am to noon, except on Wednesday and Sunday. Permanent exhibition :
"Agriculture and landscapes, the great changes".

LES HOUCHES

Musée Montagnard, phone: 00 33 4 50 54 78 37

Museum about rural life in the mountains.

On reservation only (2 pers min.).

LIBRARIES AND MEDIA LIBRARIES

The opening hours and the list of books and media available in the Chamonix Mont Blanc Valley library network can be found online on:

www.mediatheques-valleede-chamonix.fr

Please ask us if you need further information.

SPORTS

SERVOZ

Pumptrack (next to the tennis courts): a course of bumps and turns for bikes, BMX, skateboards and inline skates.

LES HOUCHES

Mont-Blanc Escalade (indoor climbing and bouldering)

Phone: 00 33 4 50 54 76 48.

Monday, Tuesday, Thursday and Friday from 11.30am to 10pm, Wednesday from 9am to 10pm ; Saturday and Sunday from 9am to 8pm.

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Centre Equestre du Mont blanc (horse-riding centre)

Phone: 00 33 6 13 08 33 58.

Lessons and rides on request for beginners and advanced riders.

Tennis club, outdoor in Les Chavants

phone: 00 33 4 50 54 43 37.

Open on weekends, depending on weather conditions.

CHAMONIX

SPORT CENTRE, phone: 00 33 4 50 53 23 70

Swimming pool :

Monday, Tuesday, Thursday, Friday from noon to 1.45pm, and from 4.30pm to 7.30pm. Saturday from 2pm to 7.30pm and Sunday from 9.30am to 12.30pm.

Sauna :

Monday, Tuesday, Thursday, Friday from 2.30pm to 7.30pm, Wednesday from noon to 7.30pm, Saturday from 2pm to 7.30pm and Sunday from 9.30am to 12.30pm.

Bodybuilding

Monday to Friday from 10am to 7.30pm, Saturday from 10am to 12pm and from 2pm to 7.30pm, Sunday from 9.30am to 12.30pm.

Indoor bouldering

Monday to Friday from 12pm to 7.30pm. Saturday from 2pm to 7.30pm, Sunday from 9.30am to 12.30pm.

Tennis and squash courts

Every day from 8.30am to 10.30pm, booking required at the pool reception or by phone at 00 33 4 50 53 28 40..

Paint ball + Lasergame Mont blanc, Les Tines

On reservation at 00 33 7 88 22 36 09

Outdoor paintball from 10 years old.

Outdoor laser game from 6 years old.

Chamonix Paintball + Laser Game + Escape game

Promenade des Crèmeries on reservation by phone at : 00 33 6 07 36 01 51.

Outdoor paint ball from 12 years old.

Outdoor escape game from 6 years old.

Outdoor lasergame from 10 years old.

Paragliding, rafting, climbing, hiking or mountain biking

Find all the activities offered by our partners via our online booking center on

www.booking.chamonix.com (or on our 4th cover page).

VALLORCINE

City park and pétanque ground

Outside the train station, free access.

Tennis : 1 pay-tennis court, 1 training wall, 1 badminton court and 1 volleyball court with free access.

SERVOZ – LES HOUCHES – CHAMONIX – ARGENTIÈRE –VALLORCINE

ORIENTEERING COURSES

Fun activity for all. Maps available on request from the Chamonix, Les Houches and Vallorcine Tourist Offices.

"Rail & trail" NATURE & HERITAGE QUIZZES

A fun and instructive trail to follow on your own or with your family.

Available on request from the Chamonix, Les Houches and Vallorcine Tourist Offices.

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Hiking and other mountain activities
depend on mountain/snow conditions.

Please contact the Office de Haute Montagne (OHM) /
La Chamoniarde, mountain information center, before your departure.

Open Monday to Saturday from 9am to 12pm and from 3pm to 6pm.
This office is exceptionally closed until Monday, December 12th included
but can however be reached by *phone* - 0033 4 50 53 22 08 -
or by email - ohm-info@chamoniarde.com.