## **CHAM' AUTUMN**

# From November 7th to November 13th

# CABLE CARS/MOUNTAIN LIFTS

#### **CHAMONIX (Les Praz)**

**Flégère gondola :** open every day (depending on the weather). First departure 9am (Flégère), last return trip at 3.45pm. Last way down from Flégère at 4.15pm.

#### LEISURE AND VISITS

#### **LES HOUCHES**

Compagnie des Ânes, Vaudagne

Phone: 00 33 4 50 47 26 18

Walks with donkeys. Every day, on reservation.

#### **CHAMONIX**

**QC Terme,** *wellness centre, SPA Phone: 00 33 4 58 38 01 10* 

Open from Sunday to Thursday from 9am to 10pm, Friday and Saturday from 9am to 11pm. Reservation required on: www.qcterme.com.

#### Chamonix touristic train

Open on Wednesday and Friday from 1.45pm to 6.15pm (last departure). Saturday and sunday from 10.15am to 6.15pm (last departure).

#### **ARGENTIERE**

**Chamonix Mont blanc Hélicoptères** 

Phone: 00 33 4 50 54 13 82. Panoramic flights on reservation.

### **CULTURE**

#### **SERVOZ**

#### Maison de l'Alpage,

Open every morning from 8.45am to noon, except on Wednesday and Sunday. Permanent exhibition: "Agriculture and landscapes, the great changes". Closed on Friday November 11th.

#### **CHAMONIX**

Musée des Cristaux, phone: 00 33 4 50 54 78 39

A gorgeous trip among beautiful crystals from all around the world.

Open every day from 2pm to 6pm.

Maison de la Mémoire et du Patrimoine Janny Couttet -Local Heritage Center, phone : 0033 4 50 54 78 55 ICE AXE AND RIFLE : 90 YEARS OF MILITARY MOUNTAIN IN CHAMONIX.

Open from Thursday to Sunday, from 2pm to 6pm.

#### **LES HOUCHES**

Musée Montagnard, phone: 00 33 4 50 54 78 37 Museum about rural life in the mountains On reservation only (2pers min.)

#### **LIBRARIES AND MEDIA LIBRARIES**

The opening hours and the list of books and media available in the Chamonix Mont Blanc Valley library network can be found online on

 $\underline{www.mediatheques-valleedechamonix.fr}$ 

Please ask us if you need further information.

## **SPORTS**

#### **SERVOZ**

**Pumptrack (next to the tennis courts):** a course of bumps and turns for bikes, BMX, skateboards and inline skates.

**Tennis outdoor** (key to collect from Servoz town hall)

Phone: 04 50 47 21 51.

#### **LES HOUCHES**

**Mont-Blanc Escalade** (indoor climbing and bouldering) *Phone: 00 33 4 50 54 76 48.* 

Monday, Tuesday, Thursday and Friday from 11.30am to 10pm, Wednesday from 9am to 10pm; Saturday and Sunday from 9am to 8pm. Open the 11th of November.

# **CHAM' AUTUMN**

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#### Centre Equestre du Mont blanc (horse-riding centre)

Phone: 00 33 6 13 08 33 58.

Lessons and rides on request for beginners and advanced

riders.

#### Tennis club, outdoor in Les Chavants

phone: 00 33 4 50 54 43 37.

Open on weekends, depending on weather conditions.

#### **CHAMONIX**

**SPORT CENTRE,** phone: 00 33 4 50 53 23 70

Indoor swimming pool:

Monday, Tuesday, Thursday, Friday from noon to 1.45pm, and from 4.30pm to 7.30pm. Saturday from 2pm to 7.30pm and Sunday from 9.30am to 12.30pm.

#### Sauna:

Monday, Tuesday, Thursday, Friday from 2.30pm to 7.30pm, Wednesday from noon to 7.30pm, Saturday from 2pm to 7.30pm and Sunday from 9.30am to 12.30pm.

#### **Bodybuilding**

Monday to Friday from 10am to 7.30pm, Saturday from 10am to 12pm and from 2pm to 7.30pm, Sunday from 9.30am to 12.30pm.

#### **Indoor bouldering**

Monday to Friday from 12pm to 7.30pm. Saturday from 2pm to 7.30pm, Sunday from 9.30am to 12.30pm. Open on Tuesday 01.11. from 2pm to 7.30pm.

#### Tennis and squash courts

Every day from 8.30am to 10.30pm, booking required at the pool reception or by phone at 00 33 4 50 53 28 40.

**Golf course**, 18 holes and practice open every day from 7.30am to 8pm.

Reservation at 00 33 4 50 53 06 28.

#### Paint ball + Lasergame Mont blanc, Les Tines

On reservation at 00 33 7 88 22 36 09 Outdoor paintball from 10 years old Outdoor laser game from 6 years old.

#### Chamonix Paintball + Laser Game + Escape game

Promenade des Crèmeries
on reservation by phone at 00 33 6 07 36 01 51
Outdoor paint ball from 12 years old
Outdoor escapegame from 6 years old
Outdoor lasergame from 10 years old.

# Paragliding, rafting, climbing, hiking or mountain biking

Find all the activities offered by our partners via our online booking center on

<u>www.booking.chamonix.com</u> (or on our 4th cover page).

#### **VALLORCINE**

#### City park and pétanque ground

Outside the train station, free access.

**Tennis**: 1 pay-tennis court, 1 training wall, 1 badminton court and 1 volleyball court with free access.

# SERVOZ – LES HOUCHES – CHAMONIX – ARGENTIÈRE –VALLORCINE

#### **ORIENTEERING COURSES**

Fun activity for all. Maps available on request from the Chamonix, Les Houches and Vallorcine Tourist Offices.

#### "Rail & trail" NATURE & HERITAGE QUIZZES

A fun and instructive trail to follow on your own or with your family.

Available on request from the Chamonix, Les Houches and Vallorcine Tourist Offices.

#### BY NIGHT

Casino, phone: 00 33 4 50 53 07 65

Open every day from 10am to 3am. ID card required.

# CHAM' AUTUMN From November 7th to November 13th



Hiking and other mountain activities depend on mountain/snow conditions.

Please contact the Office de Haute Montagne (OHM)/ La Chamoniarde,
mountain information center, before your departure.

Open Monday to Saturday from 9am to 12pm and from 3pm to 6pm
Exceptionnally closed from Wednesday.

(can be reached by phone: 0033 4 50 53 22 08)

This information is given as an indication.

Updated on 07/11/2022.